

# NEWSLETTER SEMPER<sup>SM</sup> INTERNATIONAL

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## SPOTLIGHT ON...

**Semper Minneapolis!** In the past 2 years, our Minneapolis office has become one of the most successful offices in the country. With the addition of national clients such as Cenveo, Best Buy and Xerox as well as many local businesses, the Minneapolis office has grown exponentially. The dedication and expertise of our employees has made this amazing growth possible. On assignment, employees from the Minneapolis office regularly go above and beyond. Even in times of crisis, employees have shown dedication and a willingness to pitch in. Semper offers a special thanks to the Minneapolis area staff and employees.

New jobs are being added to the database every day. If you are looking for work in Minneapolis or the surrounding areas call Doug 651 636 5711.

**Sean F.** from the Boston office. Sean so wowed the client with his talent and attitude, the client brought him on after less than one week. Congratulations Sean!

The Atlanta office would like to recognize:

**Aaron R.** for his excellent attitude and willingness to help out wherever necessary. Aaron consistently wows his supervisors at the client location. Thank you and Well done Aaron!

**Ron W.** has been working overtime every week. His dedication and willingness to do what it takes to get the job done are sincerely appreciated by both Semper and our client. Thank you Ron!

Would you like to be a recognized for your contribution to Semper's success? Stand out from the pack! As economic times get tougher, employers are more selective. Tardiness, absenteeism, bad attitude and poor work ethic all give employers reason to end your assignment. Your keys to success will be:

**Punctuality.** Showing up on time to every shift shows your dedication to the job.

**Willingness to work.** Sweeping up after close may not be in your job description, but a willingness to help out wherever you are needed won't go unnoticed.

**Flexibility in scheduling.** The more shifts you are willing to work the easier it is for us to keep you on assignment.

**Flexibility in job type.** Employees who are willing to work different kinds of machines in different environments are more valuable on assignment.

**Can-do attitude.** Employers appreciate a positive upbeat personality. Be the bright spot in someone else's day. Don't bring your personal troubles to work.



## **Make your commute safe!**

### **Tips for Managing Your Driving Time**

The world might be in a hurry, but you don't have to be. Try these tips:

- . Allow for plenty of time to get where you're going, then add no less than 10 extra minutes.
- . Always plan your driving time with the slowest scenario in mind: catching every red light, running into traffic, getting caught behind an extremely slow driver, etc.
- . Don't be afraid to revise your time estimates.
- . If you feel yourself getting in a hurry, stop!
- . Call whomever you are going to meet and let them know it's going to take a little bit more time.

If you are habitually late and in a hurry, try setting your watch and other clocks ahead by 10 minutes. You'd be surprised: for some people, this works!

### **Street Smarts for Pedestrians**

- . Walk on sidewalks. If you must walk on a road with no sidewalks, walk facing traffic.
- . Cross only at street corners, preferably those with a traffic light, and within marked crosswalks.
- . Wear bright-colored or reflective clothing, especially if you have to walk at night.
- . Avoid walking in the dark and during bad weather such as snow, rain, ice, or fog.
- . Look left, right, and left again before crossing the street, and be on the lookout for turning or backing vehicles.
- . Make eye contact with the driver before crossing in front of a vehicle. Stay out of the driver's blind spot.
- . Learn the proper use of "Walk/Don't Walk" signals.
- . Walk and cross with other pedestrians whenever possible.
- . Wear proper and well-maintained footwear

Drivers also have an obligation to operate their vehicles safely, and should be particularly careful in areas with a high volume of senior pedestrians. Remember, pedestrians at intersections always have the right of way.

In addition, cities and towns can make improvements to ensure the safety of senior pedestrians, many of whom walk because they no longer drive. These include adding sidewalks and off-road pathways; lengthening "Walk" signals in areas where older people live and walk; reducing the crossing distance by using raised medians and curb extensions; and requiring sidewalks be kept free of clutter, snow, and ice.